



TRUMBULL COUNTY
Mental Health and Recovery Board

Board Meeting Minutes
January 16, 2024, 4:30 PM

Members Present: Carol Henderson, Lance Grahn, Louise Kline, Charles Baldwin*, Virginia Cluse; Carl Clark, Thomas Hardwood, John Hugley, Teri Lacy, Rachel Nader, Larry Pavone, Laurie Perry, Maria Placanica*, Deborah Tominey

Members Absent: Laura Green, Kevin Stringer, Julia Wike

Staff Present: April Caraway, Katie Cretella, Laura Domitrovich, Carie Garris, Carol Holmes-Chambers, John Myers, Patricia Shepherd, Lauren Thorp, Kimberly Walker,

Guests Present: Joe Caruso,* Compass; Adria Rovnyak*, Glenbeigh; Vince Brancaccio,* Help Network; Matt Kresic,* Cadence Care Network; Catherine Chudakoff,*Coleman; , Joe Shorokey,*Alta; James Perry

*Denotes Virtual Attendees

Preliminary

1. President Carol Henderson called the meeting to order at 4:31 PM.
2. Pledge of Allegiance.
3. Secretary Louise Kline called the roll of members and certified that a quorum was present.
4. President Carol Henderson recognized staff and guests.
5. Carl Clark made a motion, seconded by Rachel Nader, to approve the November 21, 2023 Board meeting minutes. The motion passed unanimously.

Report from the Executive Director

1. State Update – ED Caraway shared a FAQ sheet about recreational marijuana becoming legal in the state. She reminded the board that marijuana is still not allowed for any Trumbull County employees. AD Lauren Thorp shared that testing for the substance is not the same as alcohol and is a work in progress due to each body metabolizing the drug at different rates. ED Caraway added that driving under the influence of marijuana is illegal, just the same as alcohol. President Carol Henderson also shared that, though legal, if it is found in your vehicle, that is considered the same as an “open container”. More rules and guidelines will be forthcoming.

2. Local Update – ED Caraway shared an update on behavioral health at TMMG/Steward Health. According to President Cindy Russo and recent media articles, the hospital is not closing but is working to find ways to leverage its resources to continue serving its patients. ED Caraway then provided an update on the progress of the Pine Crisis Center. Key project members from Coleman, the architects, and the OhioMHAS Capital Grant office meet weekly. AD Thorp shared the statistics for overdoses for CY2023. The ratio remained Men to Women, 2:1. The overall number of overdoses was down this year for the first time since 2018. The Board discussed how the prevalence of drug abuse stems from the initial use of pain medication for an

injury. Examples given were job-related injuries in adult males and sports-related injuries in high schoolers. AD Thorp shared that the rise and fall of suicide rates tend to coincide with the monthly overdose rates. ED Caraway reminded members that there will be a one-hour ethics/sunshine rules training by Attorney Brendan Keating on February 6, 2024 at 4:30 PM. ED Caraway then highlighted the Community Organization Contact list provided in the meeting packet. This list is a collection of contracted agencies that are more “grassroots” organizations rather than OhioMHAS certified agencies. ED Caraway provided staffing updates announcing that Crystal Crites is now the administrative assistant for Family and Children First Council. Carie Garris was hired to take the vacant administrative assistant position for the TCMHRB. Lastly, she shared that the special projects accountant position is in the second interview stage of hiring.

3. Finance Report – Patricia Shepherd, CPA, reviewed both the November and December 2023 unaudited Revenue and Expenditure Reports as there was no board meeting in December. She stated that overages were addressed in the budget revisions approved to start December 1st. After the review, Shepherd asked if anyone had any questions and noted there would be motions for approval later in the meeting. Louise Kline thanked Shepherd for the ease with which she could understand the report.

Committee Reports

1. Addictions and Mental Health Program Committee – Vice President Lance Grahn reminded members of the upcoming Ethics training that will take place on February 6, 2024, in place of the traditional Program Committee meeting. He summarized the January Program Committee meeting, praising the work of the Help Network of Northeast Ohio. He shared that they are one of only four agencies in the entire state to manage both the 211 and 988 helplines, streamlining the vast resources. He reminded the members that they do much more than just fielding crisis calls.

2. Budget and Finance Committee – President Henderson indicated there was no meeting.

3. Administrative Committee – Rachel Nader announced the next meeting will be February 27, 2024, at 4:30 PM in the upstairs conference room.

Announcements/Community Partnerships/Information

1. ED Caraway stated that we did not get a new OACBHA one-pager, so we included a flyer on alcohol abuse in observance of Dry January. Caraway stated that AD Lauren Thorp was interviewed about the topic on WFMJ.

2. Media Items: A Tribune article was included in the Board packet on sports betting, highlighting that the number of individuals diagnosed with a gambling use disorder has increased since sports gambling became legal. That number is expected to continue to climb with the instant access on smart devices, especially among young people. AD Lauren Thorp shared information about the Gambling prevention initiative “Get Set before You Bet”. She shared that they are planning to reach out to pizzerias and other take-out businesses to place slogan stickers on their takeout orders for Super Bowl weekend. Thorp also shared that they are hoping to expand the push for awareness in other businesses. They hope to create educational opportunities for places of businesses so they know where to turn when they see a problem in this area. They also discussed purchasing window clings with the “Pause before you Play” help contact information and getting the information into the schools to help young people get the help they need and make parents aware of the dangers of allowing their child to gamble at a young age.


New Business

1. Laurie Perry made a motion to approve the November 2023 Revenue and Expenditure Report held subject to audit. Carl Clark seconded the motion, which passed unanimously.
2. Thomas Harwood made a motion to approve the December 2023 Revenue and Expenditure Report held subject to audit. Larry Pavone seconded the motion, which passed unanimously.


Adjournment

Thomas Harwood made a motion to adjourn the meeting at 5:18 PM. Larry Pavone seconded the motion.

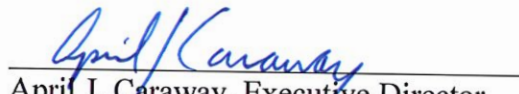
Next Board Meeting – February 20, 2024 at 4:30 PM



Carol Henderson, President



Lance Grahn, Vice President



April J. Caraway, Executive Director

2-20-2024

Date